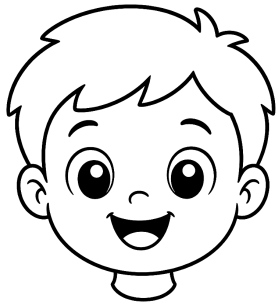
 Name _____ Date _____

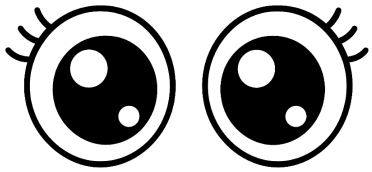
Our Body: Cards to Point and Say

Point to the picture, then point to yourself.

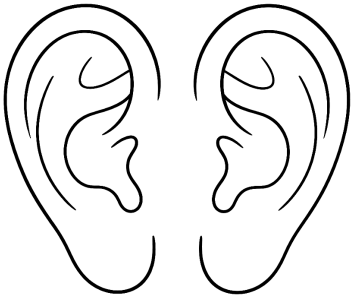
1 Cut out the body part cards



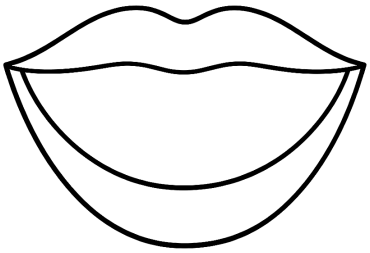
head



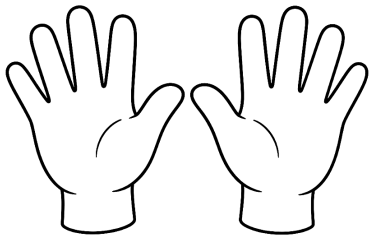
eyes



ears



mouth



hands



feet

FOR TEACHERS & PARENTS

Skill: Body-part vocabulary and one-to-one pointing.
Goal: Child hears a word, points to the card, then points to that part on their own body.
Tip: Keep it playful: "Show me your hands. Now show me your feet." Go slowly for new learners.

Free for home & classroom use. Not for resale.

Name _____ Date _____

A Simple Body Chant

2 Teacher chant (original classroom rhyme)

Say it, clap it, then point as you go.

Head and eyes, look and see.

Ears and mouth, sing with me.

Hands go clap, feet go tap.

This is my body — now say it back!

3 Trace the words

head

hands

FOR TEACHERS & PARENTS

Skill: Oral language, listening, and body awareness.

Goal: Child joins the chant and points to each body part at the right time.

Tip: This is an original classroom chant, not a published song. Repeat it two or three times; slower the first time.

Free for home & classroom use. Not for resale.